**Certified Gut Thrive In 5 Practitioner**

**Short Description**

### ***Gut & Immune Healing Program to Rejuvenate Your Microbiome***

I am one of only 100 certified Gut Thrive in 5 practitioners in the world.

I am certified to work one-on-one with you to help you reprogram your microbiome’s genetic code and re-train your immune system to help eliminate symptoms that may have plagued you for years.

This work has been tried and tested with over 7000 people from around the world with astounding results.

INSERT YOUR ORIGIN STORY HERE - HOW DID YOU FIND GT5, WHAT WAS YOUR EXPERIENCE WITH IT, WHAT WERE YOUR CASE STUDIES EXPERIENCE WITH IT, INCLUDE PHOTOS (PREFERABLY AT LEAST ONE BEFORE AND AFTER FROM A CASE STUDY) TO PERSONALIZE.

As a Gut Thrive Practitioner, I am also an expert in nutritionally and clinically supporting the reduction of inflammation, chronic autoimmune or digestive issues, eczema, leaky gut, IBS, and heavy metal toxicity.

Sign up for a free 15-minute discovery call [**here**](https://calendly.com/) to see if you are a good candidate for this life-changing work.

**Long Description**

### ***Individualized Gut & Immune Healing Work to Rejuvenate Your Microbiome***

I am one of only 100 certified Gut Thrive in 5 practitioners in the world.

This means I have been trained by the best experts in the field of gut and immune healing and am certified to work one-on-one with you to reprogram your microbiome’s genetic code and re-train your immune system to help eliminate symptoms that may have plagued you for years.

This work has been tried and tested with over 7000 people from around the world with astounding results.

As a Gut Thrive Practitioner, I am also an expert in nutritionally and clinically supporting the reduction of inflammation, chronic autoimmune or digestive issues, eczema, leaky gut, IBS, and heavy metal toxicity.

There is no “one-size-fits-all” solution for gut and digestive health. That is what makes this work so unique and so effective. I will customize and personalize this proven 5-step approach specifically for you by starting with a full digestive health assessment to figure out the root cause of your imbalances.

Together, not only will we heal a leaky gut but we help you rejuvenate your microbiome (your entire digestive and immune system) in a way where it self-regulates for a long time to come.

Millions of Americans suffer from digestive and autoimmune disease, and most can’t figure out why.

Almost everyone who eats the standard American diet has Leaky Gut Syndrome (aka intestinal permeability). The good news is there is a solution for even the most severe gut issues.

If you have been suffering from any of the symptoms below, then one-on-one work with me in the context of the 5-step Gut Thrive program is for you. And don’t worry - we can go at your own pace!

* Insomnia
* Bloating & gas
* Brain fog
* Food sensitivities
* Malabsorption of nutrients
* Hair loss and brittle nails
* Thyroid and adrenal conditions
* Autoimmune disorders like Hashimoto's, IBS, Lupus, and Fibromyalgia
* Type 2 Diabetes and Insulin Resistance
* Infertility
* Joint pain
* Headaches and migraines
* Memory issues
* Skin issues like eczema, psoriasis, rosacea, and acne
* Diarrhea or constipation
* Heartburn and acid reflux
* Stomach aches and indigestion
* Unexplained weight loss
* Weight gain (no matter what you eat or how much you exercise)

Over 7,000 people from all around the world have benefited tremendously from this work and you can too. It would be my honor and privilege to help you experience the infinite healing potential that your body possesses.

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Sign up for a free 15-minute discovery call [**here**](https://calendly.com/) to see if you’re a good candidate for this life-changing work or watch my webinar where I explain the five steps and what we will do in our work together in detail here.